

5 Signs of a Stroke and What To Do

Strokes can occur when you least expect it. Here are tips on how to identify a stroke and when to contact a medical professional.

Swipe >>>

ACT F.A.S.T

F.A.S.T is an acronym to check for a stroke, a series of yes or no questions to identify a medical emergency.

1) Check for symptoms

- Numbness in the face, arm, or leg
- Sudden confusion of understanding or speaking
- Severe headache
- Trouble seeing clearly or walking



ACT F.A.S.T

2) F: FACE

Ask the person to smile

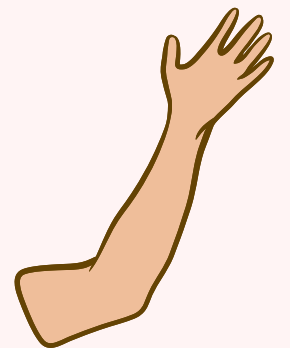
Check: Does one side of the face drop?



3) A: ARMS

Ask the person to raise both arms

Check: Does one arm drift downwards?



ACT F.A.S.T

4) S: SPEECH

Ask the person to repeat a simple phrase.
Check: Is the speech slurred or strange?



5) T: TIME

If you observe any of these signs,
call 911 immediately.

