



Houston Sobering Center – 2014 Update
Presented to
Public Safety & Homeland Security
Committee
May 15, 2014

City's Purpose for Creation

- The Houston Recovery Center is a non-profit Local Government Corporation formed by the City of Houston in 2012 to:
 - Divert Inebriates from Jail
 - Reduce Jail Population
 - Preserve Law Enforcement Resources
 - Preserve Medical Resources
 - Provide a chance for many to escape the revolving door of substance abuse and incarceration

Mission and Vision

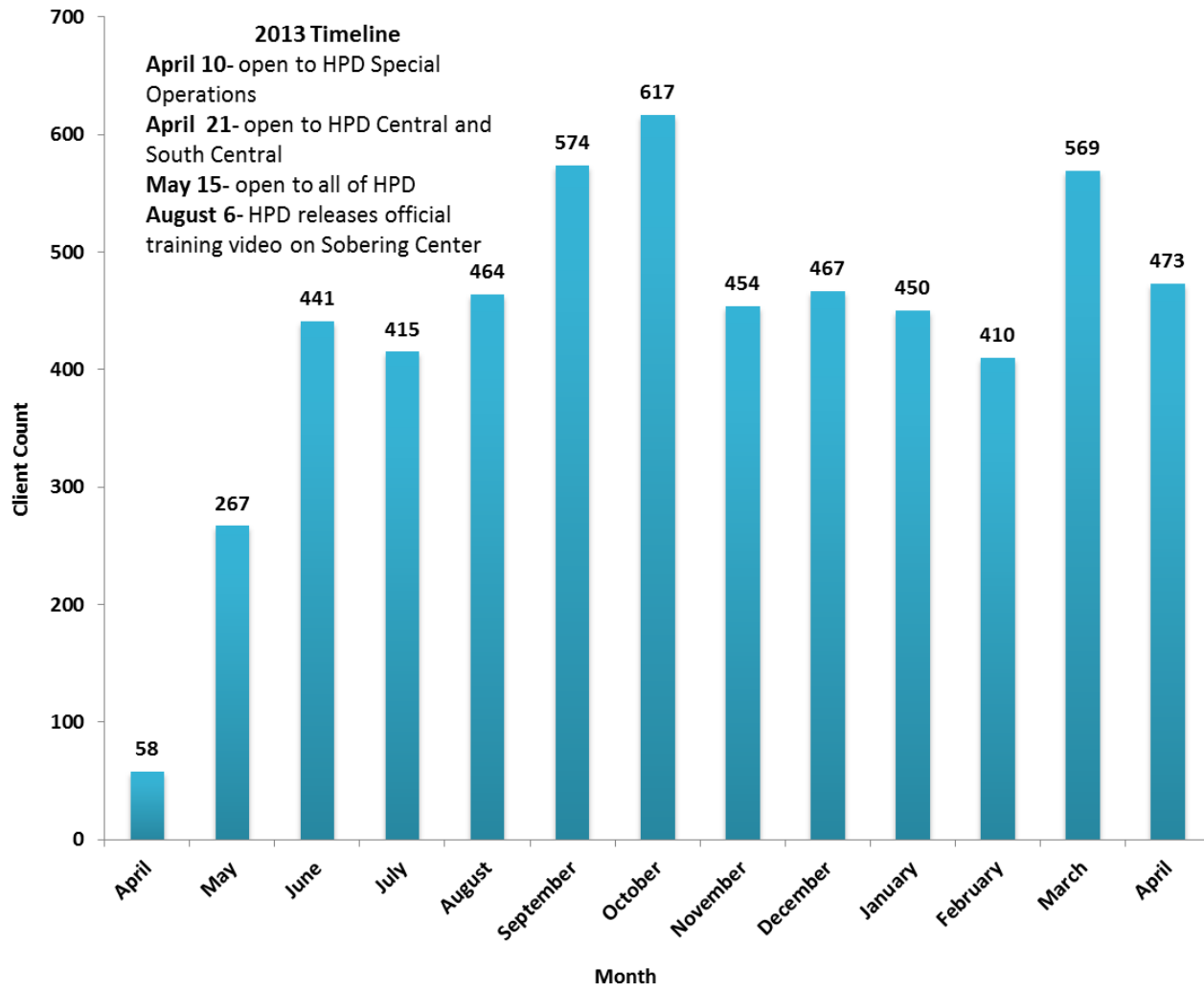
Mission

- To provide a safe place for individuals to sober up and receive assistance appropriate to their individual needs with the goal of long-term recovery

Vision

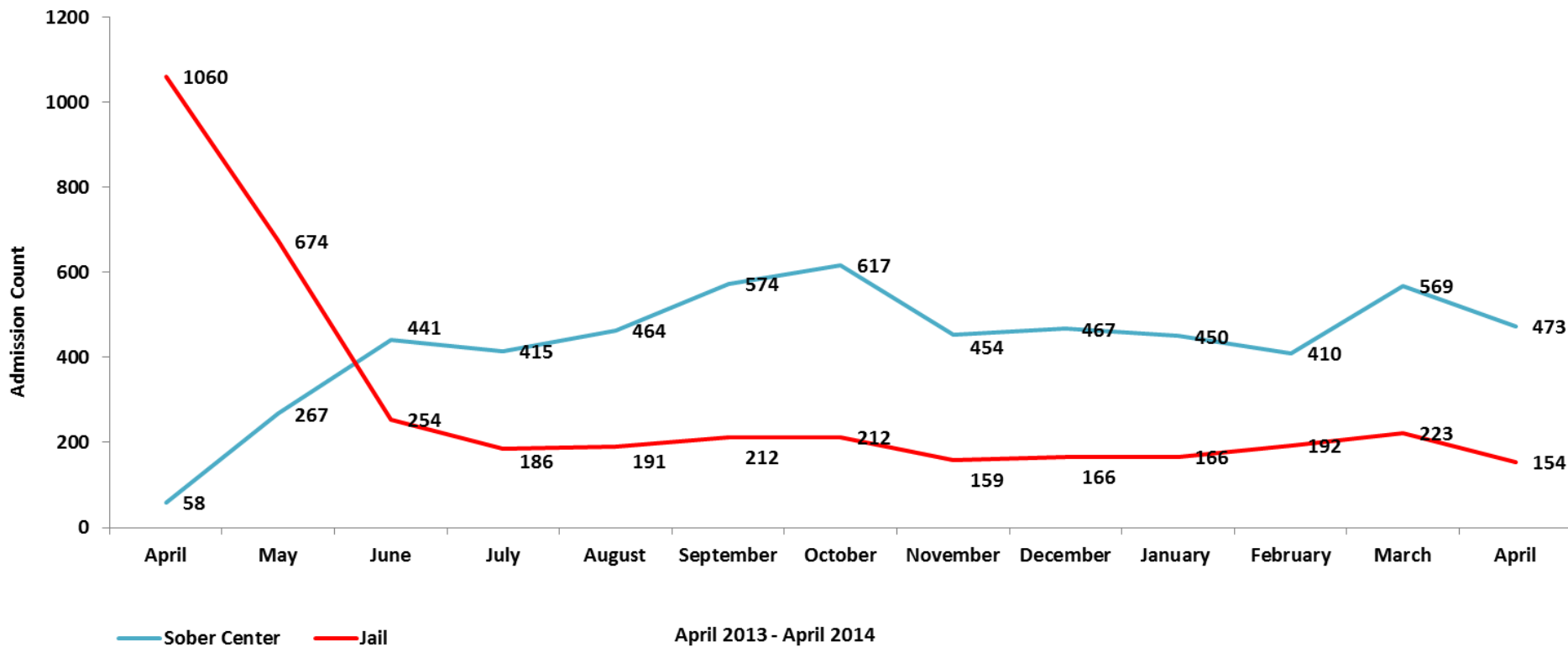
- A fully-integrated recovery care continuum where anyone seeking help with a substance use disorder or a co-occurring substance use and mental health disorder can access appropriate levels of care in a timely manner

Client Count by Month



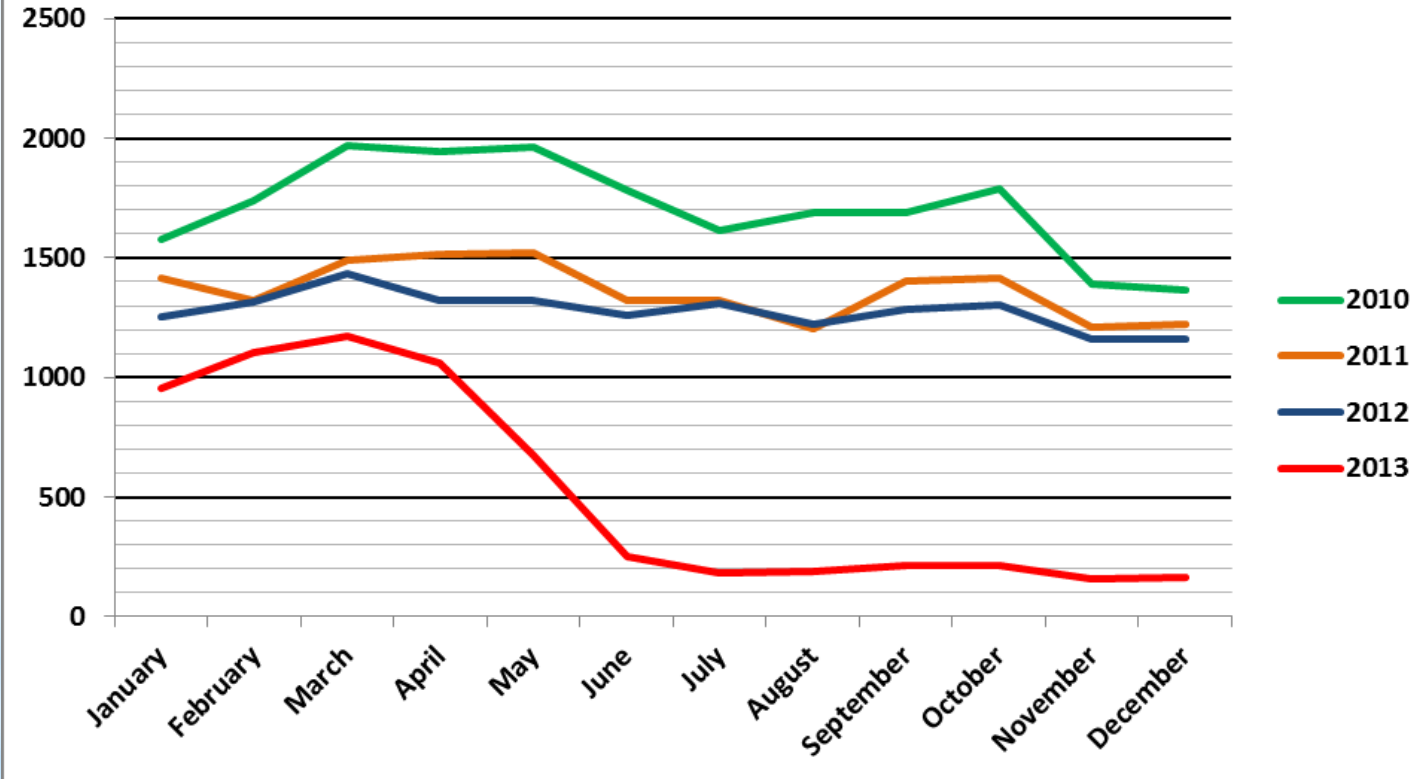
The cumulative total of diversions to the sobering center was **5,345** as of the anniversary date, April 10, 2014.

Sober Center and Jail Public Intoxication Admissions

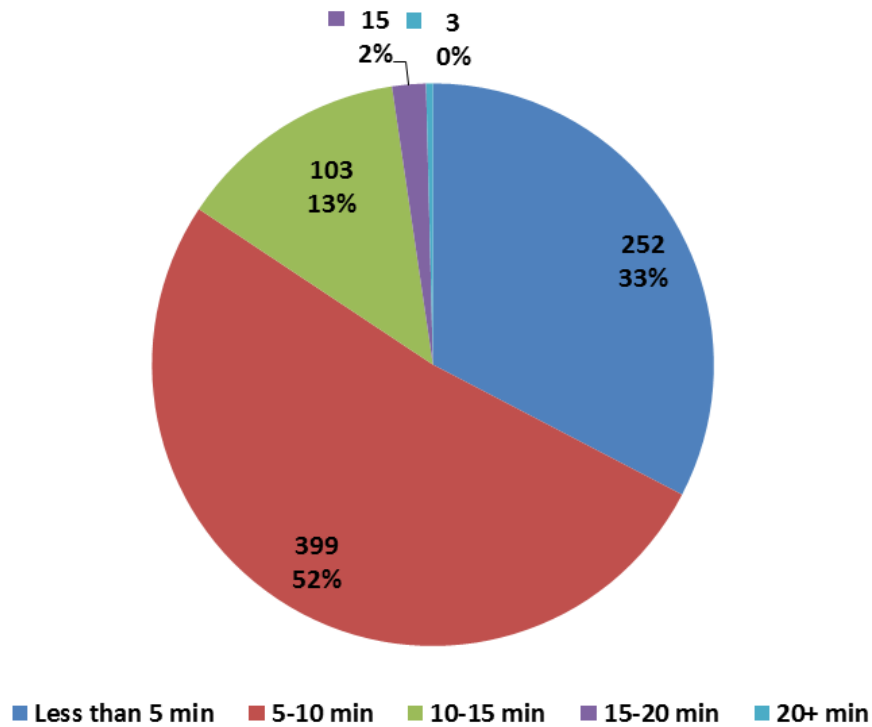


Number of PI Arrests

2010-2013



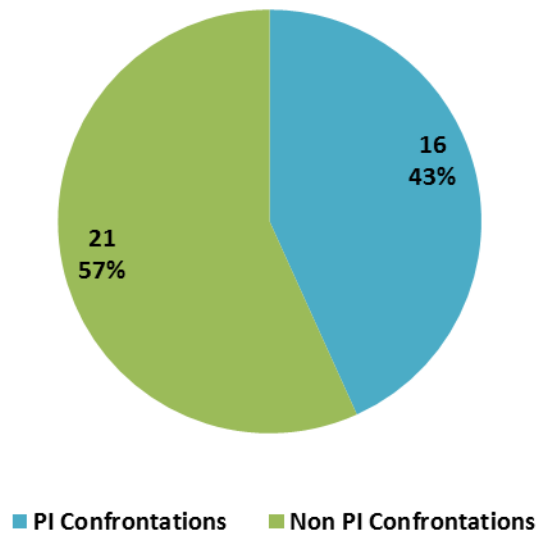
The amount of time spent at the sobering center



The average amount of time it takes an officer to admit someone to the sobering center is approximately 8 minutes.

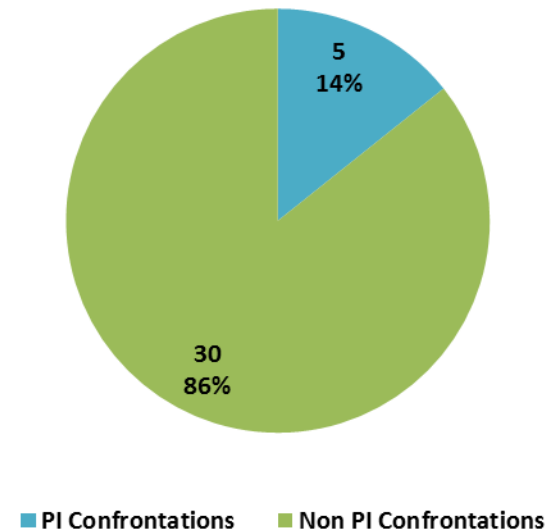
In general, it takes 2 hours for an officer to book someone into jail for public intoxication.

Confrontations in City Jail 2012

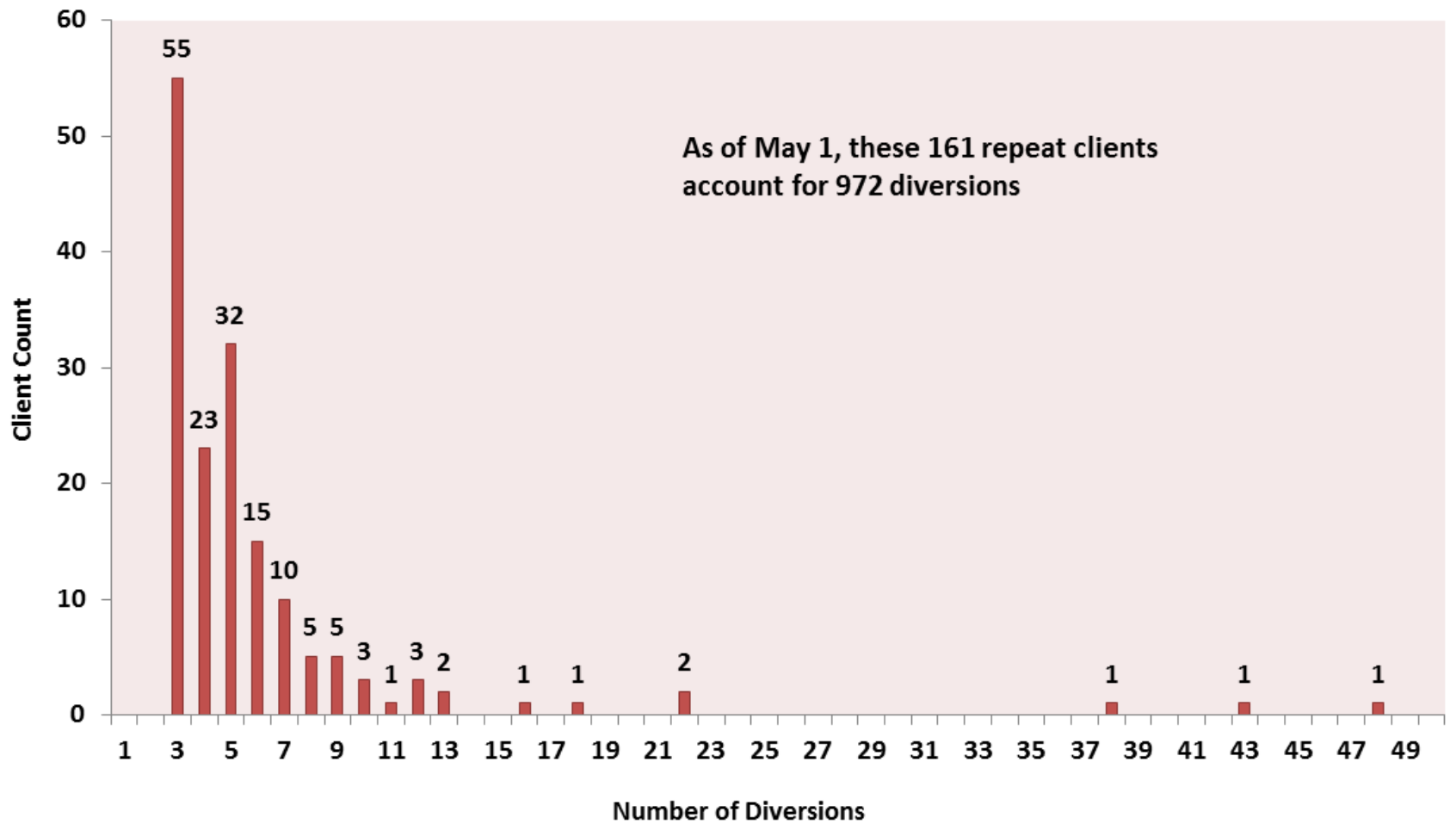


Confrontations with publicly intoxicated prisoners in the jail has **dropped by 29%.**

Confrontations in City Jail 2013



Repeat Clients



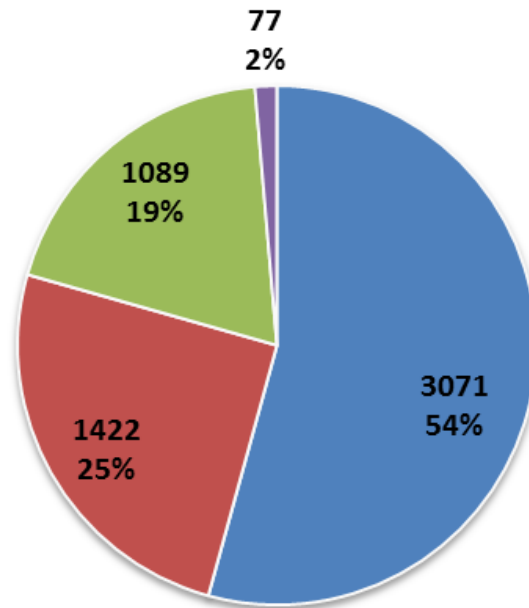
Care Coordination Planning Team

- Baylor College of Medicine
- City of Houston City Council
- City of Houston Mayor's Office
- COH Health and Human Services
- District Attorney Harris County
- Harris County Office of Criminal Justice Coordination
- Harris County Psychiatric Center
- Harris Health System
- Houston Fire Department Health and Human Services
- Houston Police Department Mental Health Division
- Houston Recovery Center
- Mental Health and Mental Retardation Authority of Harris County
- Office of Harris County Court
- SEARCH Homeless
- St. Joseph Medical Center
- UT Health Science Center of Houston

Clients placed in Substance Abuse treatment facilities April 10, 2013 - May 13, 2014

Gender	Number
F	51
M	177
Grand Total	228
Type of Service	Number
Detox	82
Lic. Residential Treatment	58
Residential Recovery	79
Sober Housing	5
VA Services	4
Grand Total	228

Client Race



■ White ■ Black ■ Hispanic ■ Asian

Year One - What We've Learned

- Lack of community resources impact outcomes
- Many of the people we see are DESPERATE for help
- Persistence pays
- Follow-up telephone calls produce favorable outcomes
- Peer staff are very effective at building rapport
- Case management and peer support services are crucial

Phase II

- **Recovery Support Services under 1115 Waiver**
 - Provide Comprehensive Case Management
 - Purchase Detox Services
 - Provide Peer Support Services
 - Provide Community Based Peer Coaching
 - Provide Telephone Follow-up

Summary

- We are positioned to do more
- The Center's current resources are underutilized
- The most appropriate action is:
 - expansion of key services
 - expansion of key referring sources
- Efficiencies being achieved within HPD